QUOTATIONS

- 1. Sharing makes everyone happy.
- 2. Don't just say you are sorry; show it.
- 3. I can do it.
- 4. God gave you gifts; use them.
- 5. Your smile is the best thing that can ever happen to you.
- 6. You can do anything you dream.
- 7. I am the most special person in the world.
- 8. Be yourself.
- 9. I am beautiful.
- 10. There's always a way.
- 11. We are all flowers, beautiful.
- 12. A kind word gives joy.
- 13. I will never give up.
- 14. Try, try and try until you can.
- 15. I'm not giving up; I'm moving on.
- 16. There's only one me, and I am special.
- 17. Believe you can.
- 18. Even if you don't like it, make the best of it.
- 19. Always look to the stars.
- 20. Love all.
- 21. Serve/Help all.
- 22. Share your love with the world.

- 23. Be thankful for what you have.
- 24. Your talent is God's gift to you.
- 25. Peace begins with a smile.
- 26. God is everywhere.
- 27. Everyone has talent.
- 28. Start the day with love.
- 29. Be the best you can.
- 30. Waste not, want not.
- 31. Do not waste.
- 32. Many are the names of God/God has many names.
- 33. A banana/An apple a day keeps the doctor away.
- 34. Treasure your health.
- 35. Health is a gift; treasure it.
- 36. I will take care of my body. I have only one.
- 37. A healthy mind in a healthy body.
- 38. Think kind, act kind.
- 39. Think clean thoughts, speak kind words, and act right.
- 40. Always act right.
- 41. Keep a clean scene.
- 42. I am joy.
- 43. The way to be happy is to make others happy.
- 44. I love my country.
- 45. My country is like a rainbow.
- 46. Peace is in my heart.

- 47. Time is precious; don't waste it.
- 48. The sun always rises on time.
- 49. I will always do my duty well.
- 50. Slow and steady wins the race.
- 51. Speak kindly.
- 52. Do a kind deed every day.
- 53. Keep good company.
- 54. Simple living will keep me healthy and happy.
- 55. Respect your elders.
- 56. Be a good example.
- 57. Be honest in all that you do.
- 58. Good manners make you shine like a star.
- 59. Be patient.
- 60. Be true to yourself.
- 61. God is love.
- 62. God is in me and you and everybody.
- 63. Within you is Bliss.
- 64. Nip anger in the bud.
- 65. I will not get angry.
- 66. Look before you step.
- 67. Do as you would want another to do to you.
- 68. Believe in yourself and you will achieve.
- 69. There's never a wrong time to do what is right.
- 70. A friendly smile is always in style.

- 71. Never say "I can't."
- 72. Saying thank you with a smile is like giving someone a hug.
- 73. If you can't say something nice, say nothing.
- 74. When you fall down, get back up.
- 75. Make the best of today; it will not come back.
- 76. Make today better than yesterday.
- 77. Today I will do better than yesterday.
- 78. The only way to have a friend is to be a friend.
- 79. You deserve your love and affection.
- 80. You never lose until you stop trying.
- 81. Keep on trying.
- 82. There are no mistakes or failures, only lessons.
- 83. Think positive; everything around you will be positive.
- 84. Love all living creatures.
- 85. Love the whole of Nature and its beauty.
- 86. The peoples of the earth are one family.
- 87. We say different prayers, we speak different languages, we are of different colours but we all belong to **one** human race.
- 88. How good and pleasant it will be for all peoples to live as one family.
- 89. Take only what you need.
- 90. Be content with what you have.
- 91. Live simply.
- 92. The best things in life are near me: breath in my nostrils, light in my eyes, flowers at my feet, duties at my hand, and the path of right just before me.
- 93. I will respect every person who looks different from me.

- 94. How boring life would be if we all looked the same.
- 95. I will not waste any opportunity.
- 96. Culture is the widening of the mind and spirit.
- 97. I will not envy others.
- 98. Speak the truth.
- 99. I will love my family.
- 100. My family is my treasure.
- 101. I am thankful Lord for every good thing that comes to me.
- 102. I will open my eyes and my heart to a truly precious gift : today.
- 103. Be thankful for all that you have.
- 104. Never put off saying "thank you."
- 105. Fairness is obeying the rules.
- 106. Think before you act.
- 107. Take turns and share.
- 108. Listen to others.
- 109. A thankful heart is a great gift.
- 110. Do what you are supposed to do.
- 111. Always do your best.
- 112. Think of the feelings of others.
- 113. Show you care: forgive others.
- 114. Love makes a family.
- 115. Good manners show that you respect others.
- 116. Your family is God's gift to you, as you are to them.

117. Be polite.

118. Work hard and be patient to make your dreams come true.

119. Whoever you are, and wherever you are, you are wrong if you are rude.

120. WATCH: watch your words, watch your actions, watch your thoughts, watch your character, watch your heart.

- 121. You need one hand to wash your other hand.
- 122. Wonder/Curiosity is the root of all knowledge.
- 123. Health is wealth.
- 124. Help yourself and God will help you.
- 125. Always think that tomorrow will be better than today.
- 126. I will learn to think.
- 127. Always be hopeful.
- 128. Always turn your face to the sun.
- 129. A big tree grows from a tiny seed.
- 130. Each day brings gifts to us.
- 131. It takes two wings to fly./A bird needs two wings to fly.
- 132. Start every day with prayer.
- 133. We do more when we cooperate.
- 134. Be gentle with yourself.
- 135. Do not be sad about something you do not have.
- 136. I will make the best of what I have.
- 137. I will reach for the stars.
- 138. I am positive.
- 139. Find out who you are and be that person.

- 140. Look within. Within is the fountain of good.
- 141. When I am happy I make others happy.
- 142. My heart is full of fertile seeds waiting to sprout.
- 143. A family is a little world created by love.
- 144. A family is a gift that lasts forever./A family is God's gift to me.

145. I love my school.

146. School is for making me a good person.

147. Values are for life.

- 148. Values give us joy/happiness.
- 149. The five values are in my heart.

150. Safety comes first.

- 151. Think kindly and speak kindly.
- 152. Listen well, then speak.
- 153. Listen more, talk less.
- 154. Think happy, be happy.
- 155. I like learning.
- 156. Always give your best.
- 157. I am unique, I am special, I am me.

158. Row, row , row your boat, gently down the stream. Merrily, merrily, merrily , merrily. Life is but a dream.

159. Life is a gift

160. Trust the still, small voice that says, 'this might work and I'll try it.'

- 161. It is our duty to see the environment's beauty.
- 162. Do the right thing even when no one is looking.

163. Throw kindness around like confetti.

164. Stop whining, start shining.

165. Life is tough but so are you.

166. Take care of the world and she will take care of you.

167. You were made to be awesome.

168. Today is the day to learn something new.

169. You were made from love, to be loved, to spread love.

170. If you never try, you will never learn/know.

171. Be kind whenever possible. It is always possible.

172. Be kind to one another.

173. How beautiful a day can be, when kindness touches it!

174. It's nice to be important, but it's more important to be nice.

175. Kind people are the best kind of people.

176. Never lose a chance of saying a kind word.

177. Three things in life are important. The first is to be kind. The second is to be kind. And the third is to be kind.

178. Only the curious have something to find.

179. A true friend is the greatest of all blessings.

180. Be grateful for friends who make you smile without even saying a word.

181. My best friend is the one who brings out the best in me.

182. The only way to have a friend is to be one.

183. When we are thankful we feel joy..

184. With love and patience nothing is impossible.

185. Respect others if you want others to respect you.

186. Respect is earned.

187. Treat others the way you want to be treated.

188. RESPECT: give it to get it.

189. It's cool to be kind.

190. Be kind, be honest, be loving.

191. When you are honest, people trust you.

192. Discipline is your friend, not your enemy.

193. Discipline is doing what needs to be done even when you don't want to do it.

194. If you do only one thing today, make sure it is that you believe in yourself.

195. Self-control starts with your mouth.

196. I will start this day with joy in my heart. (optimism)

197 Today will be a great/better day.

198. I'll start this day with a smile for everyone I see.

199. Good manners show that we have respect for others.

200. Good manners cost nothing.

201. Good manners will carry you where money won't go.

202. It is your behaviour that makes you a better person.

203. Good things take time.

204. Take good care of your body. You have only one body.

205. Eat healthy.

206. Start your day and end your day with joy.

207. Look for joy in the little things around you.

208. Today I choose joy.

209. As God's children, we are all sisters and brothers in His eyes.

210. When we work together we are able to do more.

211. None of us is as smart as ALL of us.

212. TEAM: Together Everyone Achieves More.

213. When spider webs unite they can tie up a lion.

214. Many hands make light work.

215. One bee cannot make honey.

216. Don't let what you can't do stop you from doing what you can do.

217. The more you give away the happier you become.

218. Why fit in when you were born to stand out?

219. No one is perfect – that's why pencils have erasers.

220. Only surround yourself with people who will lift you higher.

221. Be kind whenever possible. It is always possible.

222. You cannot change the circumstances, the seasons, or the wind, but you can change yourself.

That is something you have.

223. We must be the change we want to see.

224. The time is always right to do what is right.

225. Keep away from people who try to belittle your ambitions.Small people always do that,but the really great make you feel that you, too,can become great.

226. Try to be a rainbow in someone's cloud.

227. If you have good thoughts they will shine out of your face like sunbeams and you will always look lovely.

228. You're braver than you believe and stronger than you seem, and smarter than you think.

229. We are what we repeatedly do. Excellence, therefore, is not an act but a habit.

230. Give the world the best you have, and the best will come to you.

231. You are not meant for crawling. You have wings. Learn to use them.

232. When you know better you do better.

233. If you can dream it, you can do it.

234. The more that you read, the more things you will know. The more you learn, the more places you'll go.

235. Don't be afraid of life's challenges.

236. Have a heart that never hardens, and a temper that never tires and a touch that never hurts.

237. In any moment of decision, the best thing you can do is the right thing. The worst thing you can do is nothing."

238. Remember you're the one who can fill the world with sunshine." — Snow White, Snow White and the Seven Dwarfs

239. If you focus on what you left behind, you will never see what lies ahead."

240. It's not about what it is, it's about what it can become."

241. Nothing is impossible, the word itself says 'I'm possible'!"

242. "Somewhere inside all of us is the power to change the world."

243. Happiness is not something ready made. It comes from your own actions."

- 244. "I think I can. I know I can."
- 245. Being kind is never wasted."

246. Do what you can, with what you have, where you are."

247. "Never waste a minute thinking of anyone you don't like."

248. "There is a voice inside of you, that whispers all day long, I feel this is right for me, or I know that this is wrong."

249. "Winning doesn't always mean being first. Winning means you're doing better than you've done before.

- 250. You are never too old to learn.
- 251. If a job is worth doing it is worth doing well.
- 252. The early bird catches the worm.
- 253. Two wrongs don't make a right.
- 254. Practice makes perfect.
- 255. Don't put off until tomorrow what you can do today.
- 256. Where there's a will there's a way.
- 257. Having two ears and one tongue, we should listen twice as much as we speak.
- 258. If you don't have time to do it right you must have time to do it over.
- 259. Do it now. Sometimes later becomes never.
- 260. Never, never, never give up.
- 261. Learning is never done without errors and defeat.

FOR TEACHER REFLECTION:

- 1. Every child is a different kind of flower, and all together make this world a beautiful garden."
- Your mind is a garden.
 Your thoughts are the seeds.
 You can grow flowers
 Or you can grow weeds."
- 3. "The soul of a child is the loveliest flower that grows in the garden of Sai."
- 4. "A flower does not try to compete with the one next to it. It just blooms."
- 5. "The first duty of love is to listen."
- 6. "It is easier to build up a child than to repair an adult."

Prepared by Kunti Mathura Sai Institute of Education West Indies Updated: 12-09-2020