



| ENABLING PROCESSES | DISABLING PROCESSES |
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| <ul style="list-style-type: none">• Parents are aware of their own truth• Good parenting skills• Coping skills• Trusting relationships• Harmony in the home• Healthy interaction among family members• Love, warmth, understanding• Practice of the five human values• Well-defined family roles and responsibilities• Opportunities to deal with criticism, rejection and silence• Providing stimulation to learn• Network of family and friends• Commitment to family• Good Communication skills• Problem-solving strategies• Involve child in religious and spiritual activities | <ul style="list-style-type: none">• Unsure of parenting goals• Poor parenting skills• Poor child-rearing and socialization practices• Ineffective parental supervision• Family conflict and marital discord• Poor management of conflict• Unresolved issues• Domestic abuse, violence and neglect• Weak values implementation• Disharmony• Poor communication• Poor interpersonal relationships among family members• Criticism, ridicule, sarcasm, distrust, hostility• Undermining of self-esteem• Lack of family connectivity• No spiritual base |

Dhall, Pal, and Tehseen Dhall. *Human Values: The Heart of Dynamic Parenting*. Rev. ed., Australia, Institute of Sathya Sai Education, 2000.